

## **MD Cosmetic - Laser Center**

1990 Central Park Avenue  
Yonkers, New York 10710  
914 793 9143

### **PRE-OPERATIVE INSTRUCTIONS for LASER or INTENSE PULSED LIGHT (IPL) TREATMENTS:**

#### GENERAL INSTRUCTIONS for all PROCEDURES:

Apply SPF30 Sunblock to all treatment areas exposed to sunlight for 4 weeks before treatment.

Please inform us if you are on medications such as blood thinners or Accutane.

Please inform us if there has been any change in your medical health recently.

#### FOR HAIR REMOVAL PROCEDURES:

Do not wax, tweeze, or use hair removal lotions for 2 weeks before your appointment.

Do not use any bleaching agents for 2 weeks before your appointment

Shave the area to be treated within 12 hours prior to your appointment.

Apply any prescribed topical anesthetic cream one hour before arriving for treatment.

#### FOR PHOTO REJUVENATION:

Do not use Retin A or glycolics for 3 days prior to treatment.

Please remove all facial make up prior to coming to the office.

#### FOR LEG VEIN TREATMENT:

Avoid taking aspirin or anti inflammatory medications for 1 week prior to your appointment.

Apply any prescribed topical anesthetic agents one hour before your appointment.