

MD Cosmetic - Laser Center

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POST-OPERATIVE INSTRUCTIONS for LASER or INTENSE PULSED LIGHT TREATMENTS:

FOR ALL PROCEDURES:

Redness, bruising, swelling, slight discomfort, and warmth at the treatment site are common after all laser or IPL treatments. Please call our office if these symptoms continue or worsen after 48-72 hours following treatment.

Please call our office if blistering, crusting, or pigment changes occur.

Patients may resume a regular diet and all normal activities immediately after leaving the office, unless instructed specifically otherwise.

Treatment area may be washed with mild soap and water.

Tylenol or anti inflammatory medication (Alleve, Advil, Motrin, etc.) may be used to relieve minor pain symptoms

Avoid direct sunlight for 4 weeks following treatment and use SPF30 if it is necessary to be exposed to direct sunlight.

FOR HAIR REMOVAL:

Hydrocortisone (or other sun burn lotion) may be applied twice daily for several days to relieve minor discomfort.

Avoid waxing, tweezing or hair removal lotions between treatments, or up to 4 weeks after last treatment.

FOR PHOTO REJUVENATION:

Apply Temovate, 0.05%, for facial treatments, beginning several hours post treatment and continue twice daily for 3 days post operatively.

Avoid make up or facial creams for the first 24 hours post treatment.

Avoid Retin A or glycolics for one week post treatment.

Brown lesions will gradually turn darker and fall off in a few days. Do not pick, scratch, or remove scabs.

FOR LEG VEIN TREATMENT:

Do not remove the pressure dressing, if one has been applied in the office, for 24 hours.

Use a pressure dressing or support hose for 3 to 5 days, if instructed to do so.

Avoid hot showers or tub baths for 3 to 5 days.

Avoid strenuous exercise for 3 to 5 days.

Aloe Vera or Vaseline may be applied to the treatment area if redness persists for more than 48 hours.

Report any swelling or bruising to our office which lasts more than 3 to 5 days.